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**January 31 2017**

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**Today is an A day!**

**After School Activities today**

**No after school activities**

**Jr. Vikings act with Integrity and Responsibly in the classroom when we are in class when the bell rings. We are all Jr. Vikings and it's a great day to be a Jr. Viking!**

**Attention NEMS students! A team of 8 family group will be collecting items for care packages for members of the military that are deployed to other countries. Some items you could bring in are candy, batteries, flashlights, toiletries, travel games, hand sanitizer, sunglasses, and snack foods. Many families don't have enough money to send packages with the basic necessities for our troops. Please bring donations to the ESOL pod donation center or one of the boxes in student services. Help us help our troops! Donations will be collected through February 8th. Check out [heroescare.org](http://heroescare.org) for more information. Please see Mrs. Ornberg if there are any further questions.**

**Parkway North Cheer Clinic is Saturday, February 4 from 1-4 at North High. If you are interested pick up a flyer in visitor check in.**

**Sign up for Middle School Milers and join other students and staff in training for the GO! St. Louis 5K run/walk on April 8. Pick up a flier in Visitor Check in. Sign up is in the great Hall. An informational meeting will be held after school on Thursday, February 2, room 236. Both staff and students are welcome.**

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**Happy Birthday**

**If your birthday is today we hope it's great!**

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